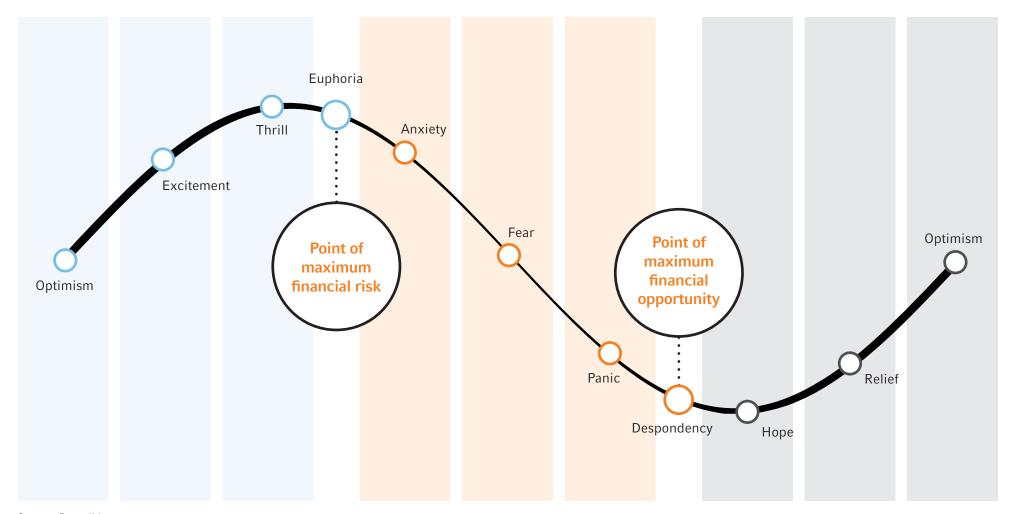
## The Market Cycle of Emotions



Most investors are aware of market cycles; and how you feel about the market often runs in cycles as well. This chart identifies how you may be feeling during different phases of the market cycle.



Source: Russell Investments.

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Date of first publication: April 2020. Updated February 2022.

RIFIS-24622 (Exp 12/24)